

Tuesday Night Training Races 2010

Capital Velo Club



WEEKLY RACE SCHEDULE		
5:30 p.m.	Registration Opens	All riders must register weekly & have a valid USCF annual or one-day license
5:35 p.m.	Course opens for practice/warm-up	All riders must be registered to race in that evening's event to be allowed on the course
6:00 p.m.	"B" Race- Cat. 4/5 & juniors, Women Cat. 3/4	30-40 minute race +5 laps, depending on sunlight conditions
6:45-7:00 p.m.	"A" Race- Cat. 1/2/3/4, Women Cat. 1/2/3	45-60 minute race +5 laps depending on sunlight conditions

Questions?

e-mail us @

maccaputo@gmail.com

or

sgnocycling@gmail.com



www.capitalveloclub.com

@Tuesdaytherent

Directions

Rentschler Field is located off Interstate 84
Exit 58, Roberts Street/Silver Lane in East Hartford.

From the North: Take I-91 South to Hartford to I-84 EAST (Exit 32 - Left Exit). Follow I-84 East to Exit 58, ROBERTS STREET/SILVER LANE. On the Exit Ramp, keep to the right and cross Silver Lane and then turn left into the RENTSCHLER FIELD WEST GATE.

From the South: Take I-91 North toward Hartford to Exit 29, Route 15 North/to I-84 East/Charter Oak Bridge. Merge left onto Route 15. After the bridge, take Exit 91 SILVER LANE. Turn right at end of ramp onto Silver Lane. Follow Silver Lane and turn right into the RENTSCHLER FIELD MAIN GATE.

From the East: Take I-84 West toward HARTFORD to Exit 58, ROBERTS STREET/SILVER LANE. At the end of the exit ramp, turn left onto Roberts Street and follow across Silver Lane. Turn left into the RENTSCHLER FIELD WEST GATE.

From the West: Take I-84 East toward HARTFORD. Follow I-84 East to Exit 58, ROBERTS STREET/SILVER LANE. On the exit ramp, keep to the right and go across Silver Lane, then left into the RENTSCHLER FIELD WEST GATE.

Entry fee \$11 Adults

JUNIORS ONLY \$3

ONE-DAY & ANNUAL LICENSE FEES NOT INCLUDED

First Time Racers: \$20 (includes entry fee, one day license & insurance)

Licenses available on site-Adult Annual \$60, Junior Annual \$30

Course Description: A flat, wide closed circuit consisting of three 90 degree turns and a wide, fast corner leading to the finish line. Newer, smooth pavement. No potholes and no traffic. The circuit is approximately 1/2 mile in length. Excellent visibility of the entire course.

In the interest of safety, races will be cancelled in the event of rain. Please check www.capitalveloclub.com or e-mail maccaputo@gmail.com for cancellation updates to be posted by 4:00 p.m.

No sleeveless jerseys, aero bars, or mountain bikes allowed.



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