

WOMEN'S INTRO TO RACING CLINIC



Guest speakers: Stephanie Chase-Cat2 racing for Stage5Cycling, USCF coach and **MaryAnn Martinez**-Cat 2 racer, former Masters National Champion.

Clinic will include class time discussion, handling skills, pace lining & bridging skills, mock races & tactics.

◆ \$35-includes entry into race on July 11th.

◆ USA Cycling license required.

Can be purchased onsite, annual \$60 or one-day \$5 (includes \$1 per rider insurance surcharge.)

◆ Helmets required

◆ No aero bars/straight bars/sleeveless jerseys

◆ Lunch & snacks provided.

July 10, 2010

9:00 AM - 2:00 PM

Rentschler Field

615 Silver Lane

East Hartford, CT



*Clinic made possible through a grant from **NEBRA** (New England Bike Racing Assoc.)*

LIMIT 20 RIDERS

USAC Permit 2010-1979

Contact Karen Franzen for details and reservation @ kjfranzen@att.net. All riders required to fill out 2010 USA Cycling Athlete Release form available on site.



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